

PE Timetable. Rathgar National School.

All staff provide the recommended allocated time for the teaching of P.E. each week.

(Brain Breaks, Dancing and mindfulness take place throughout the school day).

Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:20 – 10:20/30					
10mins	Break Time.	Break Time.	Break Time.	Break Time.	Break Time.
10:30/40 – 12:10/30			Jr & Sr Infants (P.E. Lesson) 10:45-11:15		Jr & Sr Infants (P.E. Lesson) 10:45-11:15
25mins	Big Break.	Big Break.	Big Break.	Big Break.	Big Break.
12:35/55- 2:00		5 th & 6 th (P.E. Lesson) 12:55-1:55	1 st & 2 nd (P.E. Lesson) 1:00-1:30	3 rd & 4 th (P.E. Lesson) 12:55 – 1:55	1 st & 2 nd (P.E. Lesson) 1:00-1:30